

# The Chastain School

## February 2012 Menu

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday   |
|---|--|---|---|--|
|    |  | <b>1</b><br>Soft Beef Tacos<br>Cheddar Cheese Sprinkles<br>Lettuce Ribbons*<br>Whole Kernel Corn<br>Pineapple and Melon Salad<br>*No Substitute Needed                                | <b>2</b><br>Cheesy Chicken and Rice<br>Whole Wheat Cracker Scoops<br>Garden Green Peas<br>Citrus Smiles   | <b>3</b><br>All American Hamburger on a Soft Bun<br>Sliced Yellow Cheese<br>Baby Carrots with Ranch Dip*<br>Cinnamon Apples<br><br>*Glazed Carrots                               |
| <b>6</b><br>Creamy Chicken Alfredo Pasta<br>Bread Rounds Brushed with Parmesan and Olive Oil<br>Steamed Green Peas<br>Diced Peaches | <b>7</b><br><b>Breakfast for Lunch!!</b><br>Fluffy Buttermilk Pancakes<br>Turkey Sausage<br>Cinnamon Applesauce<br>Citrus Smiles                       | <b>8</b><br>Breaded Chicken Sandwich with BBQ Sauce<br>Creamy Mashed Potatoes<br>Glazed Carrots<br>Mixed Up Fruit Cup   | <b>9</b><br>Savory Whole Wheat Spaghetti and Meat Sauce<br>Mozzarella Cheese Shreds<br>Soft Breadstick<br>Fresh Cut Green Beans<br>Vanilla Pears    | <b>10</b><br>Oven Roasted Chicken Nuggets with Honey Mustard Sauce<br>Creamy Shells and Cheese<br>Veggie Jumble<br>Pineapple and Melon Salad                                     |
| <b>13</b><br>Oven Roasted Chicken Breast<br>Lemon Scented Sunshine Rice<br>Diced Carrots<br>Mandarin Oranges and Pineapple Tidbits  | <b>14</b><br>Ranch Hand Beefy Macaroni Cheese Sprinkles<br>Herby Green Beans<br>Bartlett Pear Applesauce<br>Sweetheart Sugar Cookie                    | <b>15</b><br><b>Pizza Day!!</b><br>Whole Wheat Cheese Pizza<br>Celery Sticks with Ranch Dip*<br>Blushing Peaches<br>Graham Cracker<br><br>*Garden Vegetable Medley                    | <b>16</b><br>Soft Chicken Tacos<br>Cheddar Cheese Sprinkles<br>Lettuce Ribbons*<br>Whole Kernel Corn<br>Tropical Fruit<br><br>*No Substitute Needed | <b>17</b><br>Mini Turkey Meatballs on a Soft Pup Roll<br>Deli Cheese Slices<br>Young Green Peas<br>Cinnamon Apples   |
| <b>20</b><br>Creamy Chicken Tetrizzini<br>Buttery Bread Rounds<br>Good for You Green Beans<br>Vanilla Pears                         | <b>21</b><br>Oven Roasted Fish Sticks<br>Homemade Tartar Sauce<br>Seashells and Cheese<br>Diced Carrots<br>Mixed Up Fruit Cup                          | <b>22</b><br>Beefy Whole Wheat Ziti<br>Mozzarella Cheese Shreds<br>Garlic Breadsticks<br>Market Fresh Salad with Italian Dressing*<br>Peach, Pear and Apple Medley<br><br>*Green Peas | <b>23</b><br>Grilled Chicken Sandwich with Honey Mustard Sauce<br>Creamy Mashed Potatoes<br>Steamed Yellow Corn<br>Strawberry Applesauce            | <b>24</b><br>Cheesy Chicken and Rice<br>Whole Wheat Cracker Scoops<br>Garden Vegetable Medley<br>Citrus Smiles   |
| <b>27</b><br>Sweet and Sour Chicken Dippers<br>Fluffy Rice Clouds<br>Garden Green Peas<br>Mandarin Oranges and Pineapple Tidbits    | <b>28</b><br>Savory Whole Wheat Spaghetti and Meat Sauce<br>Mozzarella Cheese Shreds<br>Soft Breadstick<br>Fresh Cut Green Beans<br>Mixed Up Fruit Cup | <b>29</b><br><b>Breakfast for Lunch!!</b><br>Fluffy Buttermilk Pancakes<br>Turkey Sausage<br>Cinnamon Applesauce<br>Citrus Smiles   |    | <br><b>770-421-9550</b><br><a href="http://www.ChefAdvantage.com">www.ChefAdvantage.com</a> |

\*2oz Steamed Vegetable Substitute for Toddler

\*\*Milk Served with Lunch Daily